



gloucestershire college

Celebrating

# Older Person's Month

September 2010



# The Population of the UK

The population of the UK is ageing.

## Population of over 65's:

1984: 15% of population

2009: 16% of population

This is an increase of:

**1.7 million people**

(Office of National Statistics)

The population of over 65's in the UK is continually increasing, due to longer life expectancy and better medical treatment for older people and the elderly.

Older people's involvement in society is therefore more important than ever.



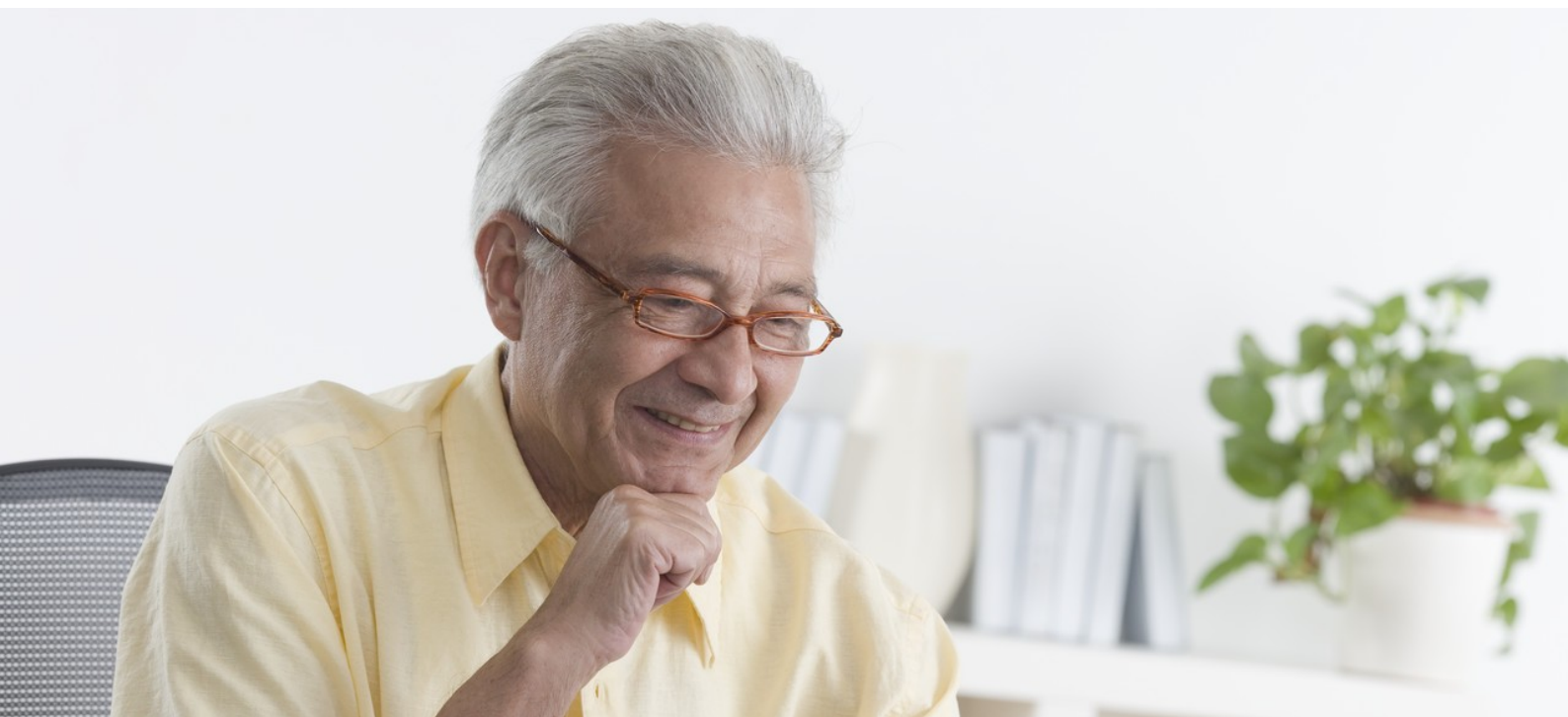
# In the Workplace

The retirement age will increase in the future from 65 to 68, allowing people to work longer before they retire.

This means that there will be more people over the age of 65 at work.

## What will this mean for older people in the workplace?

- Age Discrimination is an important issue that all employees must be aware of and challenge if they see discrimination taking place.
- Employers must ensure that they employ people based on their skills and experience, regardless of their age.
- Employees will need to continually update their skills as technology moves forward at a faster pace.



# Technology

There are many campaigns taking place in the UK which aim to enable older people to have access to computers and the internet.

There are also training courses available to help older people with using computers and other technology.



Silver Surfers' Day

21 MAY 2010

Silver Surfers Day in May aimed to get older people online and using the internet with a number of events held across the country.



for older people, for life

**Independent**

**Age**

Independent Age aims to tackle the social isolation of older people by getting them online. There are many communication tools such as email and instant messaging which can make a difference to an older person's life, especially if they live alone or in a care home.

# Equality for Older People

There are organisations which help ensure that older people are treated with respect, and have equal access to services.

Age UK is an organisation which offers help, guidance and advice to older people on a variety of issues.



Age UK offer information on:

- Financial Advice
- Information Technology and the Internet
- Health and Wellbeing
- Travel and Lifestyle
- Home and Care
- Work and Learning
- Campaigns for Older People



# Get Involved

## How can I get involved with older people and the elderly?

- Volunteer for an organisation or charity which gives help and advice to older people such as Age UK.
- Help older people that you know, by helping them get online or access services such as benefits or helpful organisations.
- Let your students know about equality for older people during Older Person's Month.

Visit the following websites to find out more information:

Age UK

<http://www.ageuk.org.uk/>

Silver Surfers

<http://www.silversurfersday.net/>

Digital Unite

<http://digitalunite.com/>

Directgov: Pensions and Retirement

<http://www.direct.gov.uk/en/>

[Pensionsandretirementplanning/index.htm](http://www.direct.gov.uk/en/Pensionsandretirementplanning/index.htm)



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